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Metropolitan Borough of Rochdale

Education Committee

**9. 1 Understanding which day comes next**

**Why is this important?  
Knowing the days of the week and the events that occur on particular days  
helps children learn routines. This is how children learn to understand and  
describe time beyond what happens every day.**

**It also enables them to accept change when something different happens**

**(e.g. no swimming this Wednesday).**

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What to do  
• Make a chart together. Put the days of the week across the top. It may  
be helpful to do Monday–Friday in a different colour from Saturday–Sunday.  
• Encourage the child to draw a picture of something he/she does each day**

**(e.g. swimming, PE, assembly, music).  
• Talk about the activities in relation to the days of the week, e.g.  
★ Adult: ‘On Monday you go swimming, and the day after  
Monday is …?’  
★ Pause to see if the child can fill in the missing day. Prompt him/her  
by using his/her pictures (e.g. ‘You do PE on this day’).  
★ Child: ‘Tuesday’ and adult repeats:  
‘So the day after Monday is …?’**

**The link below is to a video helping with days of the week**

[**https://youtu.be/mXMofxtDPUQ**](https://youtu.be/mXMofxtDPUQ)