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Metropolitan Borough of Rochdale

Education Committee

**9.3 Identifying an increasing range of emotions and feelings in ourselves and others**

**Why is this important?  
Facial expressions convey numerous and complex emotional states and we  
begin to infer another person’s feelings by watching how they react/feel  
(from happiness, sadness, anxiety, etc.). They are an important part of  
emotional intelligence and link closely to being able to make inferences.  
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What to do  
• In pairs or a small group, act out scenarios by allocating roles: a scene in a shop  
perhaps – a long queue, an annoyed customer, etc.  
• Encourage children to work out feelings from gestures, tone of voice, body  
language and facial expression.  
• Use illustrated stories or composite pictures: look at the scene and then work out the feelings of the characters (e.g. a messy bedroom discovered by Mum! ‘Look at her face, how does she feel?’).**

**The YouTube clip below talks about emotions**

[**https://youtu.be/37w9JjUWN30**](https://youtu.be/37w9JjUWN30)